



FRIENDS OF EAST AFRICA FOUNDATION

10 *graced* *years*

Dear Friends,

On February 18, 2023, we will celebrate in Uganda the **10th anniversary of the opening of the Ruth Gaylord Hospital Maganjo, Uganda**. There will be formal dedications of new units and services as well as the renaming of the hospital itself. The new name will be **Gary Holmes Hospital Maganjo** after the benefactor who drove so much of the growth and expansion of the hospital.

The Ruth Gaylord name has become synonymous with high-quality healthcare for mothers and children and will remain on our premier service as the **Ruth Gaylord Institute for Maternal and Pediatric Care**.

After the disruption in access to healthcare caused by COVID-19 lock-downs in 2020, 2021 saw a significant recovery, and this has been sustained in 2022. We had a 30 percent patient-visit increase in 2021 over 2020 (45,517 vs 34,884). We are now projecting over 48,000 patient visits by the end of this year,

including nearly **600 deliveries**, **about 4500 ultrasound scans**, **over 1,000 hospital admissions**, **over 50,000 laboratory tests**, **over 9000 free routine vaccinations to infants under two** and **nearly 16,000 free malaria tests**.

Because of the rapid growth of our numbers of patients we need additional beds. Thanks to a most generous gift from Lee and Penny Anderson of Naples, Florida we are about to begin construction of our new **Lee and Penny Anderson Inpatient Centre of Excellence**.

University of Minnesota Medical School Professors of surgery and anesthesiology have announced that they will extend their free surgery camps at our hospital from one week to three. In April they will provide approximately one hundred surgeries free of charge for those without means.

Christmas is a most joyful season because at the darkest time of the year it recalls for us that a great light is at work in our world, its name is *Loving Kindness*, and it is working though you. Thank you!



Wishing you Christmas blessings,

Dennis Dease



stories.....FROM THE RUTH GAYLORD



◀ This 2 year and 5 months old John Henry Wasswa Lubwama had a difficult start to life. His mother was experiencing pregnancy losses prior to this pregnancy. At 7 months of gestation, she again experienced premature labor and checked into a clinic. The labor was too complicated to manage there, so the clinic referred her to us for further management and she was delivered by a gynecologist.

Born at 1.6kg (3.5lbs), little Henry was admitted into our neonatal unit where he stayed for 3 weeks. At time of discharge, he had gained weight to 2.5kg (5.5 lbs) and he's living a normal life with no complications. His mother, Deborah Nakitende (on the right side for the photo), is grateful for the specialized interventions that were done to save her premature baby. Standing with John and Deborah is nurse Shakira Nakyeyune.



▲ Another of our older patients with chronic conditions is Edith Kabasinguzi (left), a 68 year old attending our hospital since 2018 for management of diabetes and hypertension. Her conditions are well controlled. With her is nurse Shakira Nakyeyune.



◀ Tereza Nalujja is a 92 year female who was admitted after having fevers and headache for about a week. She was treated for severe malaria and H. Pylori, and discharged home after 3 days. (Here, nurse Ann Maria is administering IV treatment)



◀ A 32 year old patient, Dauda Musiika (right), receiving a prescription at the hospital pharmacy from pharmacist Hafiz.

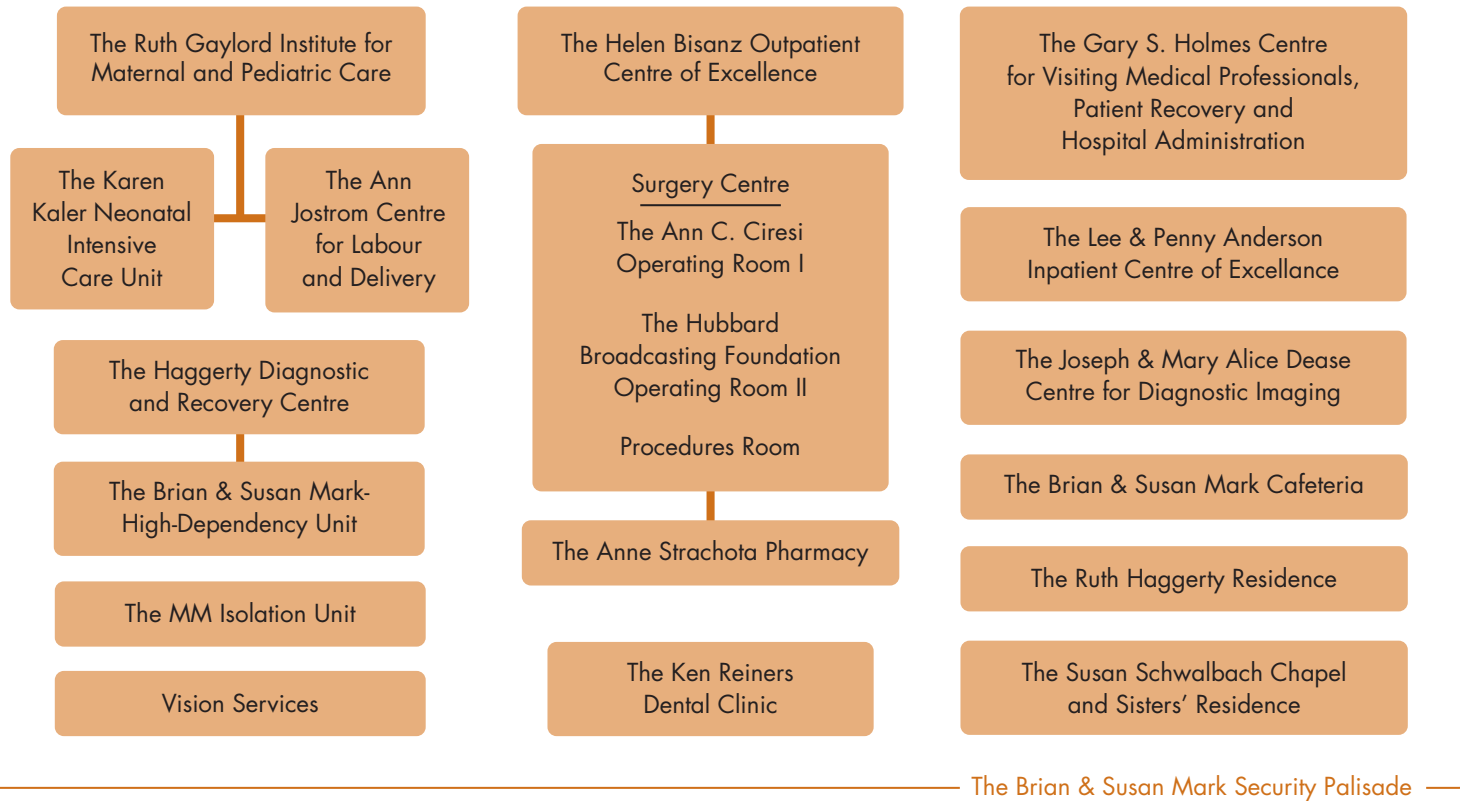


► This 2 year and 9 months old Gabriel Abigaba is another of our miracles taken care of in the neonatal unit. Born at 7 months of gestation, the boy weighed a mere 0.9kg (2 lbs). The neonatal unit team, headed by pediatrician Dr. Caroline Nassuna, worked against all odds and Gabriel's parents went home with a healthy baby.

► 62-year old Henry Kaweesa (left) has been attending our hospital for 5 years to manage diabetes and hypertension, which have been well controlled. Our DMI/HTN program also involves a nutritionist and dietitian to help patients design meals appropriate for their condition. (Taking his measurements in nurse Shakira Nakyeyune)



Gary Holmes Hospital Maganjo



The John & Sue Morrison Gardens
— A Residential Community

Thomas & Susan Bisanz Residence

Dennis & Megan Doyle Residence

Gary S. Holmes Residence

The John & Sue Morrison Security Palisade



▲ Ramon Mugenyi, 2 years and 10 months old boy received treatment for a bacterial infection that had caused fevers, headache, vomiting, diarrhea and general body weakness. (Nurse Brenda administering the IV medication)



▲ Ramulah Raum is a 28 year old mother who had just given birth to her second baby by elective cesarean section due to a previous scar. This baby girl was born at 4.3kg (9.5 lbs) and midwife Mariam Naluwoza (right) was demonstrating cord care to the mother.



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RUTH GAYLORD HOSPITAL NEEDS 2022-2023

IN ORDER OF PRIORITY

CPAPS (2). \$13,000

We already have two of them in the Neonatal ICU and they have performed some wonders. Unfortunately, we have had to refer some babies elsewhere whenever those two are occupied. A CPAP is used in spontaneously breathing premature infants with respiratory distress and involves delivering heated and humidified gas to the baby at a set pressure, which keeps the airway open and prevents airway obstruction.

Power Stabilizer - 3-Phase, 54kva. \$16,232

This will stabilize the 3-phase power, mostly by stepping it down to 240 volts that is safe for use.

Hospital Land Lease Extension to 99 years \$60,000

Extension of intercom to all the new structures. \$7,963

Incubator for Culture and Sensitivity: \$1,667

A culture is a test to find germs (such as bacteria or a fungus) that can cause an infection. A sensitivity test checks to see what kind of medicine, such as an antibiotic, will work best to treat the illness or infection.

Laparoscopy Equipment: \$59,000

A surgical procedure in which a fiber-optic instrument is inserted through the abdominal wall to view the organs in the abdomen or permit small-scale surgery.

Patient Monitors (1 HDU; 3 NICU; 2 OPD). \$10,435

Infant Radiant Warmers with Phototherapy (4): \$16,232

This device helps to maintain the body temperature of the baby and limit the metabolism rate.

Security Cameras for Apartment Residences \$12,000

Three Weeks of Free Surgeries. \$16,000.

Professors of surgery and anesthesiology from the University of Minnesota Medical School in the spring of 2023 will provide a three-week, free surgery camp. The hospital will provide the drugs and medical supplies, meals for the visiting surgeons and anesthesiologists, allowances for staff who will assist beyond normal work schedules and a trip to the Ndere Cultural Centre for the visiting medical personnel.

TOTAL. \$136,297



Our thanks and appreciation for your Loving Kindness